









Inclusion of rainbow rangatahi in community sport

What can you do?



-  Thank someone for coming out to you
-  Use the same language that young people use to describe themselves
-  Let young people pick their uniforms regardless of their gender
-  Allow mixed gender teams
-  Advocate for trans people when they're experiencing discrimination or exclusion
-  Respect young people's privacy, don't out them to others
-  Seek ongoing training and learning opportunities on inclusivity
-  Explore ways to create gender neutral bathrooms and changing rooms

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**I'm not out here to win a gold medal,
I just want to play a game of football. ”**

Trans woman, 28yo.