

Active As supports 50 secondary schools and wharekura to provide positive and inclusive active recreation and sport opportunities for their students.

What are the aims?



To enhance the wellbeing of rangatahi through physical activity



To increase the physical activity levels of rangatahi, particularly those that are less active



To demonstrate the value of physical activity to educational priorities

Impact

Active As is making a difference and is having a positive impact on students' happiness, confidence and overall physical activity levels.

The highlights:



4.5% increase in the number of students that are physically active



Increase in opportunities to be active in two-thirds of schools



Increase in students' satisfaction with their physical activity experiences



Increase in students' happiness and confidence



Increase in students' sense of belonging at school

Insights

The evaluation has identified valuable insights and learning to support the ongoing success of Active As.

Here's what we've learned:

Streamline reporting

Improve the quality and transparency of reporting to reduce the administration demands on regional agencies.

Broaden physical activity types

Provide opportunities to be active beyond traditional sport to better engage students who are less active.

Champion student voice

Promote the Voice of Rangatahi survey and highlight the value of capturing and understanding student perspectives.

Work with school timelines

Be flexible and consider the capacity of schools when determining timelines.

Embed Mana Taiohi (youth development) principles

Ongoing support and resourcing is needed to further build the capability of schools.