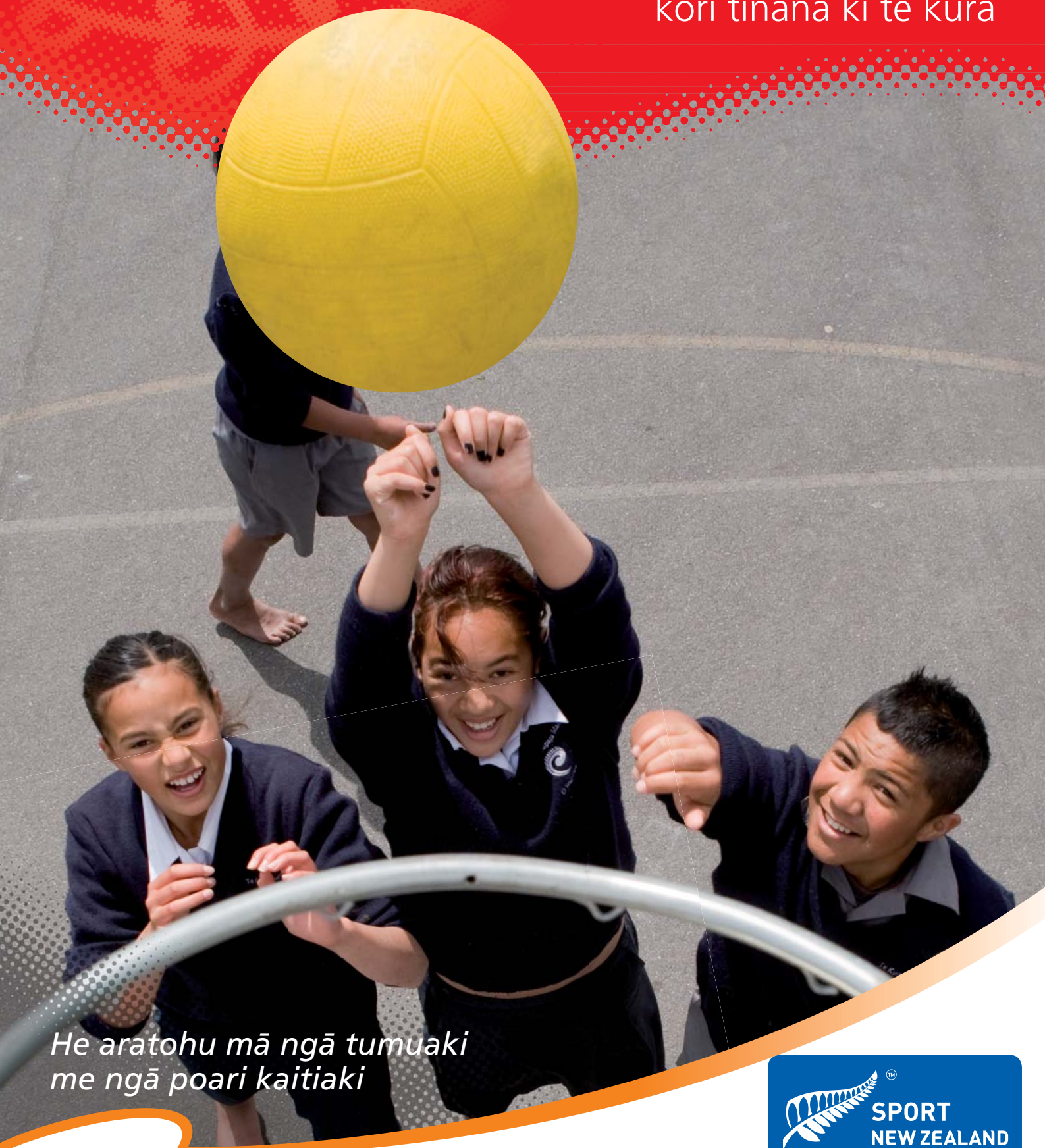


**KORI KI
TE KURA**
Active Schools

Kori ki te Kura!

Te whanake i te ahurea
kori tinana ki te kura



*He aratohu mā ngā tumuaki
me ngā poari kaitiaki*



**SPORT
NEW ZEALAND**

On 1 Feb 2012, SPARC
changed its name to Sport NZ.
www.sportnz.org.nz

He mea whakaputa tēnei rauemi nā Ihi Aotearoa/Sport and Recreation New Zealand (SPARC).

© Ihi Aotearoa/SPARC 2008
Puritia katoatia ai ngā motika.

Mō te roanga atu o ngā pārongo mō Ihi Aotearoa/SPARC, whakapā atu ki
www.sparc.org.nz.

Ihi Aotearoa/SPARC
Taumata 4
78 te Ara o Victoria
Pouaka Poutāpeta 2251
Te Whanganui-a-Tara
+64 4 472 8058
info@sparc.org.nz

ISBN 1-877356-61-1

Ngā Ihirangi

He waka eke noa	2
• Foreword	
Turuki turuki! Paneke paneke!	3
• Introduction	
Te hoe tahi	4
• Kura and community working together	
He waka whakarei i te moana	5
• Benefits of physical activity	
Ko koe ki tēnā hoe, ko au ki tēnei hoe	6
• Roles in the kura community	
Hoea! Hoea te waka!	8
• Encouraging regular physical activity	
Te whakatere i te waka	9
• Guidelines for kura leadership	
Te whakamahere i te haerenga	11
• Planning for physical activity	
He pukepuke moana, e ekengia e te waka	13
• Physical activity in the kura timetable	
Kia rōnaki te haere	14
• Annual targets template	
He pou herenga waka	15
• For more information	
He kupu taka	16
• Glossary	

He waka eke noa

Foreword

Tamaiti hoe, tamaiti ora

Kura hoe, kura ora

Whānau hoe, whānau ora

E pūmau ana Ihi Aotearoa ki te matapae mō Aotearoa hei iwi kakama kia whai wāhi, kia toa. Ko tā Kori ki te Kura he āwhina i ngā tamariki kia whakarite, kia pārekareka i te kori tinana nā te mea, ki te rawe ki te tamaiti te kori tinana, ka kaha atu tā rātou whai wāhi kia kakama atu, kia ora ake te hapori.

Kua whakaputaina tēnei rauemi hei tautoko i ngā horopaki akoranga Māori katoa – mai i ngā kura me ngā akomanga rumaki, tae noa ki ngā kura reorua. Ka hāngai tēnei rauemi ki te kohinga rauemi a Kori ki te Kura kua whakaratoa kētia ki ngā kura katoa. E toru ēnei momo rauemi hei āwhina i ngā kura me ō koutou whānau ki te whanake i tētahi ahurea kori tinana.

Kei raro iho nei ka kitea he whakaahua o tētahi waka ama e whakaatu ana i tētahi hapori kura e ū ana ki te kaupapa o Kori ki te Kura. Kei tēnei whakaahua te whakaaro kia hoe tahi ngā kaihoe – arā, ngā mātua, ngā whānau, ngā ākonga, ngā kaiako, te tumuaki, te poari kaitiaki me te hapori – kia tutuki ai te whāinga ki te whakawhanake i tētahi ahurea kori tinana i te kura. Arā hoki te whakaaro mā te mahi a tēnā, a tēnā o ngā kaihoe te waka e rere whakamua, te ihu o te waka e huri hoki. Nā reira te kōrero kia hoe tahi ngā kaihoe.

Mā te mahi tahi a te katoa ka tareka ngā panonitanga i roto i te kura – ngā ākonga, ō rātou whānau, ngā kaimahi, te tumuaki, te poari kaitiaki, tae atu ki te hapori whānui. He haerenga uua tēnei haerenga, heoi, ka whai hua te katoa. Hikitia te hoe kia hoe tahi ai tātou.

He ngaru moana, mā te ihu o te waka e wāhi.

Nāku noa, nā



Peter Miskimmin
Pou Whakahaere, SPARC



Turuki turuki! Paneke paneke!

Introduction

Ko tā tēnei puka he tāpae i te kaupapa Kori ki te Kura mā ngā poari kaitiaki me ngā tumuaki. Ko te whāinga ia o Kori ki te Kura, kia nui atu te māramatanga, ngā pūkenga me te mātauranga kori tinana i roto i ngā kura hei hiki ake i te hauora o te katoa.

He āwhina ngā pārongo i te puka nei me ngā rauemi tāpiri mā ngā kaiako me ngā whānau, mō ngā kura, e whakamahia ai ngā rauemi o te kohinga rauemi Kori ki te Kura kua whakaratoa kētia ngā kura katoa o Aotearoa.

He āwhina kei ngā aratohu i tēnei puka mā ngā poari me ngā tumuaki, ā, ka pakari ake te ahurea kori tinana i te kura, e whai wāhi ai ngā ākongā katoa ki te kori tinana.

Kei tēnei puka ngā aratohu kaupapa here me ētahi āwhina mō te whakamahere hei tautoko i a koutou ki te ārahi i tō kura kia noho te kori tinana hei kaupapa matua.



Te hoe tahi

Kura and community working together

Kei te kura, kei te hapori ētahi wāhi hei whakapūmau i te ahurea kori tinana i te kura. I raro i te kaupapa Kori ki te Kura, kia mārama katoa te whānau kura ko tēnā ki tōna wāhi, ko tēnā ki tōna wāhi, kia tika ai te hoehoe tahi i te waka, ōtira ki te whakarite i ngā mahi.

E tika ana kia whakamaheretia te whanaketanga mai o te ahurea kori tinana i te kura i waenganui i ngā kaiako, i te poari kaitiaki, i te tumuaki, i ngā ākonga, i ngā whānau me te hapori. Ka āhei anō ēnei rōpū ki te whakarite me te whakatinana mahere hei whakaahua i ō koutou tūmanako mō te kori tinana.



He waka whakare i te moana

Benefits of physical activity

He āwhina nui te kori tinana e puāwai ai ngā pūmanawa nohopuku o te ākonga. He āwhina hoki te whakatenatena i ngā ākonga kia kori, e pakari ai ō rātou tinana, e whakamanawa ai rātou kia tipu, kia ako.

Ka puta ngā hua o te kori tinana, kāpā ki te ākonga anake, engari ki ngā kaiako, ki ngā kaimahi, ki ngā whānau hoki.

Ko ētahi o ngā painga ka hua ki ngā mātua me ngā whānau ko:

- te whakawhanaungatanga – te whakawhitiwhiti me ētahi atu mātua mā roto i te kura, i ngā karapu, i ngā rōpū hapori
- te hono atu ki te ao tamariki – te whai wāhi ki ngā akoako me te whanaketanga o ngā tamariki
- te whakamana i te whai wāhi a ngā tamariki me te whakapiki i ō rātou pūkenga ki te kori tinana
- te whakapiki i te kori tinana tika me te hauora
- te mahi tahi – te whai wāhi ki te whakamahere me te uru atu hoki ki ngā mahi kori tinana
- te ako pūkenga hou mā te ārahi i ngā mahi kori tinana i ngā rōpū, i ngā huinga
- te putanga mai o ētahi horopaki reo Māori anō – he tuwheratanga hou, he horopaki hou hei hiki ake i te reo o ngā tamariki.

Ko ētahi o ngā painga ka hua ki ngā kura ko:

- te whakatū hononga pai me ngā tamariki, ngā mātua, ngā whānau, ngā rōpū hapori, tae atu ki kura kē
- te whakapiki i te kori tinana a ngā tamariki ki te kura, ki waho hoki o te kura
- te tautoko i ngā kaiako kia māia, kia tau rātou ki te ako i te kori tinana
- te whakanui i ngā taumata kua ekengia i te taha kori tinana i te takiwā, i te rohe, puta noa i te motu
- te whakatipu i tētahi ahurea kori tinana nā te hapori katoa o te kura.

Ko koe ki tēnā hoe, ko au ki tēnei hoe

Roles in the kura community

Te poari kaitiaki

Ko te wāhi ki te poari kaitiaki i roto i te whanaketanga mai o tētahi ahurea kori tinana ko te mahi whakahaere – te whakatakoto i ngā kaupapa here me ngā aratohu mā te kura. Arā hoki:

- te whakarato rawa me te tautoko i ngā whakataunga i te taha whakahaere mō te whakatinana i te ahurea kori tinana i te kura
- te rapu he aha ngā whakaaro o ngā ākonga, ngā mātua me ngā whānau
- te whakatū i ngā kaupapa here me ngā whakahaere mō te kori tinana
- te arotake i ngā kaupapa here kia hāngai ai ki te pūmautanga o te kura ki te kori tinana
- kia noho wātea ētahi wāhi ki roto, ki waho mō te kori tinana
- te timata kōrerorero i te kura mō te kori tinana
- te whakawātea tuwheratanga, whakaurunga, taputapu hoki hei tautoko i ngā kaimahi me ngā ākonga kia kori tinana.

Te tumuaki me ngā kaimahi taha whakahaere

Ko te wāhi ki te tumuaki me ngā kaimahi taha whakahaere ko te mahi whakahaere, te mahi whakatinana kaupapa here, me te whakatenatena me te tautoko i ngā kaiako ki te kuhu ki ngā tuwheratanga whakawhanake ngaiotanga. Koia anō e aro ana ki te:

- whakatakoto whāinga mō te whakapiki i te kori tinana i te kura
- tautoko i ngā kaiako me ngā ākonga kia piki te nui o te mahi kori tinana i te kura
- ārahi i ngā whitiwhitinga kōrero me ngā kaimahi, ngā whānau, ngā ākonga kia tū te kura hei kura kori tinana
- whakauru i ngā mahi kori tinana ki te rātaka
- whakatinana i ngā kaupapa here me ngā whakahaere mō te kori tinana i te kura.

Ngā kaiako

Ko te wāhi ki ngā kaiako ko te whakatenatena i ngā ākonga me te whakangāwari i te ako.
Arā hoki te:

- hora i ngā wheako ako rawe e whai wāhi atu ai te kori tinana
- hono i ngā mahi kori tinana ki ngā whāinga o te marautanga
- rapu i ngā tuwheratanga ki te whakapiki i te mahi kori tinana a ngā ākonga i ia rā
- whakatairanga i ngā tuwheratanga mō ngā ākonga ki te kori tinana i te kura, i te hapori hoki
- whakamahere i ngā mahi kori tinana hei wāhanga noa o te hōtaka ako o ia wiki
- āwhina i ngā ākonga kia mārama ai rātou ki ngā hononga o te kori tinana ki te taha tinana, ki te taha wairua me te taha hinengaro
- tāpae i ngā taura Māori pai o te kori tinana ki ngā ākonga
- whakaako i ngā ākonga ki ngā momo tākaro kori tinana tuku iho o neherā nā ngā mātua tipuna
- whakawhānui, te whakahōhonu hoki i te māramatanga o ngā ākonga ki ngā uara ahurea e pā ana ki te kori tinana, arā, ko te wāhi ki ngā tuākana me ngā teina, te manaakitanga, ngā waiata, ngā haka, arā noa atu.

Ngā whānau

Ko te wāhi ki ngā whānau ko:

- te whai wāhi me te tautoko i ngā kaupapa kori tinana i te kura
- te whakamōhio i ngā kaiako he aha ngā mahi kori tinana i te kāinga
- te whakawhitihiti whakaaro me ētahi atu mātua, whānau hoki, me pēhea te tāpiri kaupapa ki ngā take kori tinana kua tū kē i te kura
- te whai i ngā mahi kori tinana hei wāhanga noa o ia rā
- te whakatenatena i ngā tamariki kia whai wāhi ki ngā hākinakina me ētahi atu koringa tinana hei wāhanga o ō rātou whanaketanga
- te whakawhānui, te whakahōhonu hoki i te māramatanga o ngā ākonga ki ngā uara ahurea e pā ana ki te kori tinana, arā, ko te wāhi ki ngā tuākana me ngā teina, te manaakitanga, ngā waiata, ngā haka, arā noa atu.

Hoea!

Hoea te waka!

Encouraging regular physical activity

He mea whakahirahira te āwhina i ngā kaimahi me ngā whānau kia whai wāhi ki te kori tinana.

Ka whakatuwhera i tō kura ngā huarahi ki ō ākonga, ngā kaimahi me ngā whānau. Ka ākina ngā mātua me ngā whānau kia mau i ngā tamariki ngā akoako i te kura, kia whai wāhi hoki rātou ki aua akoranga.

He wāhi nui tō ngā poari me ngā tumuaki ki te whakatakoto hōtaka kori tinana i waenganui i ngā kaimahi, i ngā ākonga, i ngā whānau. Ka nui ngā hua ka puta i te kori tinana ki ō ākonga me ō rātou whānau. Ka tipu ngā hononga pai i waenganui i ngā mātua me ā rātou tamariki, ka nui atu ngā āwhina a ngā whānau ki ngā tamariki me tā rātou whai i te mātauranga.



Te whakaterere i te waka

Guidelines for kura leadership

I te tau 2006 ka whakataungia kia mea tuatahi te ako i te kori tinana pai ki ngā kura katoa e whanake ai ngā toi korikori a ngā ākonga katoa, tae rawa atu ki ngā ākonga tau 1-6.

Ngā hononga ki *Te Aho Matua*

LINKS TO *TE AHO MATUA*

Ko *Te Aho Matua* te tuhinga taketake o ngā kura kaupapa Māori, ka tāpae i te whakaaro nui mō te ako i ngā ākonga, ngā aratohu kaupapa here mā ngā mātua, ngā kaiako me ngā poari i ō rātou tūranga me ō rātou kawenga. Ka arotahi te wāhanga Āhuetanga Ako ki te ako pūkenga, mātauranga hoki e pā ana ki te kori tinana:

Ko te whānau e whakarite ana kia ākona ngā mōhiotanga, ngā pūkenga me ngā waiaro, me te whakauru mai ki roto i ēnei ngā mahi a te tinana, te hinengaro, te wairua me te katoa o ngā ārona

Ka arotahi Te Ira Tangata ki te wāhi nui o te taha tinana me te taha wairua i te ako i ngā tamariki:

He tapu te tinana o te tangata. Nō reira he mahi nui tērā te whakaako i te tamaiti ki ngā āhuetanga whakapakari i tōna tinana, kia tipu ai tōna hauora. Kia mōhio te hunga tamariki ki ngā kai pai, ki ngā kai kino. Kia mōhio hoki ki te painga o te kori tinana, o te mirimiri tinana, o ngā rongoā a Tāne Whakapiripiri. Kia kua ia e tūkinu i tōna tinana, i te tinana hoki o tētahi atu.

Arā hoki te wāhanga Te Ao me tōna arotahi ki te whānui o ngā horopaki ako kori tinana mō te ākonga, ehara tonu ko te kāinga:

E whakaritea ana e te whānau kia mōhio ngā tamariki ki tō rātou ao Māori, ā, me tō rātou āhei ki te whai wāhi i roto i te whānuitanga atu o te ao.

Nā reira ka whakatenatena ngā kura kaupapa Māori i ngā ākonga kia aro nui rātou ki te kori tinana, kia whai rātou i ngā ritenga ka hāpai i te hauora.

Ka aro hoki a *Te Aho Matua* ki te wāhi nui o te mahi tahi a ngā mātua, ngā kaiako me te poari kaitiaki kia whiwhi ai ngā ākonga i ngā hua nui rawa atu. Whāia, ka whakaata te rauemi nei i taua kōrero, ka whakatenatena hoki i ngā kura, i ngā tumuaki, i ngā poari, i ngā whānau kia mahi tahi ki te akiaki i ngā tamariki kia korikori i ō rātou tinana.

Ngā hononga ki ngā Whāinga Mātauranga ā-Motu

LINKS TO THE NATIONAL EDUCATION GOALS (NEGS)

Ka whakatakotohia e ngā NEGs ngā whāinga a te Kāwanatanga mō te pūnaha mātauranga o Aotearoa. Arā te Whāinga 5:

A broad education through a balanced curriculum covering essential learning areas. Priority should be given to the development of high levels of competence (knowledge and skills) in literacy and numeracy, science and technology and physical activity.

Ngā hononga ki ngā Aratohu Whakahaere ā-Motu

LINKS TO THE NATIONAL ADMINISTRATION GUIDELINES (NAGS)

Ka whakatakotohia e ngā NAGs ngā kawenga a te poari kia pai te ārahi me te whakahaere i te marautanga. Kei NAG 1 te korero:

Each Board of Trustees is required to foster student achievement by providing teaching and learning programmes which incorporate the New Zealand Curriculum (essential learning areas, essential skills and attitudes and values) as expressed in National Curriculum Statements.

Each Board, through the principal and staff, is required to:

- i. develop and implement teaching and learning programmes:

 - a. giving priority to regular quality **physical activity** that develops movement skills for all students, especially in years 1–6.**

Me pūmau te poari kaitiaki – mā roto i tana tūtohunga – kia whai, kia inea ia i runga i ēnei whāinga.

Te whakamahere i te haerenga

Planning for physical activity

Ka tutuki i ngā poari kaitiaki ā rātou kawenga i raro i a Whāinga 5 o ngā Whāinga Mātauranga ā-Motu me te NAG 1 mā te whakatinana i te kaupapa here me ngā whakahaere e pā ana ki te kori tinana, me te hāpai i ngā akoranga kounga.

Ka taea e ngā poari kaitiaki te whakawhanake i ā rātou kaupapa here me ā rātou whakahaere mā te mahi tahi me ngā kaiako, ngā whānau me te hāpori whānui ki te whiriwhiri i ngā pātai kei te whai.*

Pēhea tā tātou whakatenatena, whakamana i te kori tinana i roto i te kura i tēnei wā tonu?

- He kaupapa here, he whakahaere ā tātou ki te whakatenatena i te ahurea kori tinana i te kura?
- Ka āta tohungia e tā tātou kaupapa here ngā tūmanako mō ngā ākonga, ngā kaimahi, ngā whānau e pā ana ki te kori tinana?
- Pēhea nei tā tātou whakatenatena, whakatairanga, timata i ngā mahi kori tinana i tēnei wā tonu?
- Pēhea nei tā tātou whakamārama i ngā whāinga e pā ana ki te kori tinana, ā, he aha nei aua whakamārama?
- Pēhea nei tā tātou whakamārama i te kori tinana kounga teitei, ā, he aha nei ngā whakamārama?
- Me pēhea tā tātou kōhi, aroturuki i ngā pārongo mō te kori tinana?
- Kua takoto ā tātou whāinga mō te whakapiki i ngā mahi kori tinana a ā tātou ākonga?
- Me pēhea tātou e mōhio kua tutuki ngā whāinga?
- He aha te nui o te pūtea kua wehea ki te kori tinana?
- Kei te wātea ki ā tātou kaiako ngā whanaketanga ngaio mō te ako me te tautoko i te kori tinana?
- Kei te tuwhera ngā mahi kori tinana ki ngā tamariki i ia rā?
- I tēnei wā, he aha ā tātou mahi kori tinana me ngā ākonga?
- He hōtaka kori tinana ake tā tātou puta noa i te tau?
- Kei te tutuki i a tātou ngā hiahia o ngā whānau me ngā ākonga?

* Me pānui i a *Get ready: principals' and teachers' guide* i te kohinga rauemi Kori ki te Kura.

Pēhea tā tātou whakatenatena, whakamana i te kori tinana i roto i te kura i tēnei wā tonu?

- He aha ā tātou whakaurunga me ā tātou taputapu?
- He ngāwari te whātoro ki ngā whakaurunga me ngā taputapu, kāore rānei?
- Ākina ai ngā ākonga kia puta ki waho ki te tākaro?
- He pai ngā kākahu kura mō te kori tinana i ngā wā whakatā i te kura?
- Mā hea haere mai ai ngā ākonga ki te kura, hoki atu ki te kainga?

Ki hea tātou?

- Me pēhea te rite o ngā mahi kori tinana mō ā tātou ākonga, whānau, kaimahi hoki?
- Kia hia te nui o te pūtea me ngā rawa (kaimahi, pae, aha atu) ka wehea ki ngā kaupapa kori tinana?
- Me pēhea e taea e tātou te hiki ake te kori tinana a ngā ākonga, ngā kaimahi me ngā whānau?
- Kia tokomaha atu ā tātou tamariki ka hikoi, ka pahikara rānei ki te kura?
- He aha te taumata (mōhio tangata me ngā pūkenga) ka hiahia tātou kia eke ngā tamariki?
- He aha ngā mahi kori tinana ka hiahia tātou kia whanake i roto i ngā ākonga?

Me pēhea tā tātou tae ki reira?

- He kaiako, he ākonga rānei tā tātou ka hiahia ki te ārahi i te pikinga o ngā mahi kori tinana i te kura?
- Ka rahi ngā wāhi o waho mō te ako me te tākaro?
- Ka rahi ngā wāhi whakaroto?
- Me pēhea tā tātou whakarite kori tinana e whai wāhi mai ai ngā whānau?
- Ka pānui āwhina anō tātou mā ngā whānau?
- Ka taea te whakatūtū mahi kori tinana mā te kura katoa?
- Ka taea e ngā ākonga me ngā kaimahi te whakatū mahi kori tinana i te wā o te tina?

HEI ĀWHINA:

- mā ngā ākonga hei whakarite mahi kori tinana mō te wā o te tina
- whakaurua he wāhanga kori tinana ki te pānui ā-wiki
- tīmatahia tētahi 'pahi hikoi' i te kāinga ki te kura, i te kura ki te kāinga
- kuhuna he whāinga mō te kori tinana ki ō whāinga ā-tau
- whakatūria ētahi kaupapa kori tinana – hei tauira, Te Rā Wira, Te Rā Hikoi, Te Rā o ngā Whakataetae o te Ao, Te Rā o ngā Mahi a Te Rēhia, Te Rā o ngā Momo Tākaro o Neherā.

He pukepuke moana, e ekengia e te waka

Physical activity in the kura timetable

Ko tētahi o ngā wero nui mā ngā kaimahi e ngana ana ki te whakauru i te kori tinana ki te akomanga me te kura, ko te nui o ngā kaupapa me te 'kī rawa' o te wātaka. Anei ētahi huarahi e toru hei āwhina i ngā kaimahi.

1. Titiro ki te wātaka, ka āta whakaaro mō ngā mahi a ngā kaiako me ngā ākonga i ia rā:
 - ka taea te whakakuhu i ngā mahi kori tinana ki ētahi o aua mahi? Hei tauira:
 - mēnā kei te hui ngā tamariki i te wharenuī, ā te mutunga, whakatakotohia he 'wero ā-tinana' mō rātou, arā me hītekiteki, me pekepeke rānei i te hokinga ki te akomanga, kaua rānei e takahi i ngā rāina i te raima, te aha atu
 - i te wā karanga ingoa, meatia atu ngā ākonga kia whiuwhiua haeretia he poi ki tēnā, ki tēnā i te karangatanga o ō rātou ingoa
 - kuhuna he mahi kori tinana hei horopaki i ngā akomanga pāngarau, pūtaiao hoki
 - tīmatahia he koringa i te wā o te tina e rua rā i te wiki, ka tohutohu i ngā tuākana me pēhea te whakahaere.
2. Titiro ki te wātaka mō ngā momo huinga i te wiki, i te marama, i te tau – me pēhea e taea te whakauru mahi kori ki ēnei kaupapa?
3. Tirohia ngā take nui ka whakanuia i te tau – hei tauira ko: Matariki, Te Wiki o te Reo Māori, te Aranga, Te Rā o te Reo Māori, te Kirihimete – ka taea te whakauru mahi kori tinana ki ēnei kaupapa?

Kia rōnaki te haere

Annual targets template

Ngā whāinga ā-tau mō te kori tinana

- Ā te tau 200[x] ka tohungia e mātou he kaiako hei ārahi i ngā mahi kori tinana.
- Ā te tau 200[x], e [xx] ngā kaiako ka kuhu ki ētahi hōtaka whanaketanga ngaio e pā ana ki te whakapiki i te kori tinana a ngā ākonga me ngā whānau.
- Ā te tau 200[x], [xx]% o ngā ākonga katoa ka kori tinana mō ngā meneti [xx] piki ake rānei i ia rā.
- Ā te tau 200[x], [xx] o ā tātou ākonga ka rehītia mō ngā whakataetae hākinakina (hei tauira: te poi tarawhiti, te whutupōro, te aha atu).
- Ā te tau 200[x], ka rehītia e tātou ngā tīma [xx] ki ngā whakataetae hākinakina i ngā momo hākinakina e [xx].
- Ā te tau 200[x], ka oti te huringa mahere mō tētahi, mō ētahi wāhi rānei o tē hāpai i te kori tinana.
- Ā te tau 200[x], [xx]% o ngā tamariki ka tākaro korikori i te wā o te tina.
- Ā te tau 200[x], [xx]% o ngā tamariki ka taea e rātou te tīti tōrea mō ētahi meneti [xx], tē taka te rākau.
- Ā te tau 200[x], [xx] neke atu ngā whānau ka tautoko i ngā tākaro i te wā o te tina.

He pou herenga waka

For more information

SPARC/Ihi Aotearoa

ACTIVE SCHOOLS

www.sparc.org.nz/education/get-ready

HE ORANGA POUTAMA

www.sparc.org.nz/partners-and-programmes/he-oranga-poutama/overview

TE TĀHUHU O TE MĀTAURANGA

Physical activity for healthy confident kids. Guidelines for sustainable physical activity in school communities

www.tki.org.nz/e/community/health/PDF/pahck-guidelines.pdf

Te Kaupapa Marautanga o Aotearoa

www.tki.org.nz/r/marautanga/index_m.php

REGIONAL SPORTS TRUSTS

0800 ACTIVE

www.sparc.org.nz/partners-and-programmes/regional-sports-trusts/regional-sports-trusts-lists/contacts

He rārangi pukapuka

Armstrong, A.G. (1986). *Games and dances of the Māori people*. Wellington: Viking Seven Seas Ltd.

Armstrong, A. and Ngata, R. (2002). *Māori action songs*. Auckland: Reed.

Best Elsdon (1976). *Games and pastimes of the Māori*. Wellington: Te Papa Press.

Department of Education (1972). *Games and dances of the Māori: A guide book for teachers*. Wellington: Department of Education.

Naden, Ngarangi (1990). *Te reo kori resource kit*. Volume 1. Auckland: Kohia Resource Centre.

Naden, Ngarangi (1991). *Te reo kori resource kit*. Volume 2. Auckland: Kimihia Resources.

Pere, R. (1994). *Ako: concepts and learning in the Māori tradition*.

[MM 371.970995 P43 1994].

Pere, R. (1991). *Te wheke: a celebration of infinite wisdom*. Ao Ako Global Learning New Zealand.

Shennan, J. (1984). *The Māori action song*. Wellington: NZCER.

Te Taura Whiri i te Reo Māori (2006). *He kōrero mō te hākinakina: talking about sport*. Te Whanganui-a-Tara: Te Taura Whiri i te Reo Māori.

The Hillary Commission (1992). *Kiwidex te Pūrongo*. Wellington: Learning Media (item 97202).

He kupu taka

ahurea	cultural; culture
ahurea kori tinana	physically active culture
aroturuki	monitor
haponi	community
horopaki	contexts
kāpā	not as if
ngaio	professional
pūmanawa nohopuku	potential
pūnaha mātauranga	education system
tāpae	present
tūtohinga	charter
tuwheratanga whakawhanake ngaiotanga	professional development opportunity
uara	values
whāinga ā-tau	annual targets
whakahaere	programme
whakamahere	plan
whakamanawa	encourage
whakaratoa	distributed
whakatairanga	promote
whakaurunga	facility
whakawhanake	develop
whanaketanga	development
wheako ako	learning experiences



Level 4, Dominion Building, 78 Victoria Street,
PO Box 2251, Wellington, New Zealand
Phone: +64 4 472 8058 Fax: +64 4 471 0813

www.sparc.org.nz