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THEME

Leading Self

SUB THEMES

*Knowing Self
Developing Self*

Overview

A leader can be described in terms of their ability, experience, knowledge and personality. These qualities contribute to whether they lead well or not. We learn a lot by observing other people and comparing them with ourselves. This is mentoring. Through mentoring from positive role models we learn what works and what does not.

In this learning activity Participants explore leadership qualities through choosing a leader and describing their ability, experience, knowledge and personality.



Leader Stars

Knowledge and skills

Self-awareness, leader behaviour, skills, qualities and abilities, personal leader planning, personal goal-setting, decision-making, responsibility and mentoring.



LEADER JOURNAL

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NAME _____

Leader Stars

A good way of observing leadership in others is by looking at their ability, their experience, their knowledge and their personality. Think of a leader you know and answer the questions and statements below.

The leader I am thinking about is:



Ability

How capable is your leader?

What are they able to do really well?

How does your ability compare with their ability?

Knowledge

How knowledgeable is your leader?

How is your leader's knowledge useful to the people they lead?

How do your knowledge and skills compare with their knowledge?



Experience

How experienced is your leader?

How can you gain more experience for a leadership role you do or might have?

Personality

How does your leader's personality affect their leadership style and behaviour?

What strengths do you have in your personality that are similar?



Consider a leadership task you have recently experienced (e.g. captain of a sports team, coaching a sport or part of a training session, deciding to take the lead with your friends). How did you demonstrate your:

Ability?

Experience?

Knowledge?

Personality?

